

# Tips for Your Home

- Keep children away from areas with chipping or peeling paint.
- Keep children out of the house any time paint is being sanded or scraped, or when painted surfaces are being worked on.
- Damp mop floors and wet wipe surfaces often, including window sills.
- Don't bring lead home from work (people who work in construction, plumbing or painting). Wash work clothes separately and don't wear work shoes in your house.
- Landlords and contractors making repairs to homes built before 1978 must be trained in lead-safe work practices.
- Call to see if you are eligible for a free home lead inspection.



Onondaga County Health Department  
Lead Poisoning Prevention Program

**315.435.3271**

[LeadFreeKids@ongov.net](mailto:LeadFreeKids@ongov.net)



# Lead Poisoning is Preventable

## Tips for your family:

- Every child should have a lead test at age 1 and again at age 2. If you are pregnant, you may also need a lead test.



- Feed your family foods high in iron, calcium, and vitamin C such as peas, beans and dairy products. Use only lead-free dishes.



- Use cold water for cooking and mixing formula.



- Wash your child's hands and face before eating and napping.



- Wash your child's toys, teething toys, and pacifiers.



- Be careful with crafts and hobbies that may use lead such as imported crayons, fishing sinkers, bullets, or stained glass.



**ongovhealth**  
Onondaga County  
Health Department

**Lead Poisoning  
Prevention Program**

[ongov.net/health/lead](http://ongov.net/health/lead) - [facebook.com/ongovlead](https://facebook.com/ongovlead)

Adapted from New York State Department of Health  
Childhood Lead Poisoning Prevention Program Materials 5/23